

2015 BIKE MS COAST THE COAST RIDE - 85 MILE ROUTE				
Location	Turn	Onto Road Name	Dis	Acc
Start: Monmouth University		400 Cedar Avenue, West Long Branch, NJ 07764		
		170/85 Registration/Start: 7:00 a.m. / 8:00 a.m.		
		50 Registration/Start: 8:00 a.m. / 9:00 a.m.		
		25 Registration/Start: 9:00 a.m. / 10:00 a.m.		
		Finish Line Celebration: 11:00 a.m. to 3:00 p.m.		
West Long Branch	R	Out of Monmouth University Parking Lot	0.1	0.1
Ocean	L	Larchwood Avenue	0.7	0.8
	S	Cross over Park Avenue	0.0	0.8
	L	S. Lincoln Avenue at SS	0.5	1.3
	S	Cross over Norwood Avenue at SS continuing on S. Lincoln Avenue	0.1	1.4
	S	S. Lincoln Avenue under RR	0.1	1.5
	BR	Lincoln Avenue	0.1	1.6
	L	Elberon Avenue	0.4	2.0
	R	Park Avenue	0.0	2.0
Long Branch City	QL	Elberon Avenue	0.6	2.6
	L	S. Lake Drive	0.5	3.1
Deal	R	Ocean Avenue to end	3.2	6.3
Loch Arbor Village	R	Edgemont Drive	0.1	6.4
Asbury Park	L	Park Avenue	0.1	6.5
	R	Deal Lake Road	0.1	6.6
	L	Grand Avenue	1.0	7.6
	BL	Cross Cookman Avenue staying on Grand Avenue	0.1	7.7
	L	Lake Avenue	0.1	7.8
<i>driving directions below</i>	L	At Heck Street over foot bridge - ***NEED TO WALK BIKE OVER BRIDGE ***	0.0	7.8
Ocean Grove (Neptune)	S	Onto Pilgrim Pathway from foot bridge	0.1	7.9
	L	Bath Avenue to end	0.2	8.1
	R	Ocean Avenue	0.4	8.5
	BR	Broadway Avenue	0.1	8.6
	L	Central Avenue - turns into Fletcher Lake Avenue	0.4	9.0
	L	Pennsylvania Avenue	0.0	9.0
Bradley Beach	QL	Lake Terrace around lake	0.4	9.4
Avon By the Sea	R	Ocean Avenue	1.6	11.0
RS1: Belmar Triangle	R	Ocean Avenue & 1st Avenue, Belmar, NJ 07719	0.0	11.0
Belmar Borough		Open/Close: 8:15 a.m. - 1:30 p.m.	0.0	11.0
			0.0	11.0
		TURNAROUND LOCATION FOR 25 MILE ROUTE	0.0	11.0
	R	Out of rest stop - continue down Ocean Avenue to end	3.3	14.3
Spring Lake Borough	R	Brown Avenue	0.1	14.4
	L	1st Avenue	0.2	14.6
Sea Girt	R	Beacon Boulevard	0.4	15.0
	L	Fifth Avenue	0.7	15.7
	R	Washington Boulevard at SS - turns into Sea Girt Avenue	0.5	16.2
	S	CAUTION: CROSS OVER RR & RT 71 at TL	0.0	16.2
Manasquan Borough	L	Broad Street at TL	0.3	16.5
	L	Woodland Avenue	0.1	16.6
	L	Parker Avenue at SS to end	0.1	16.7
	R	Stockton Lake Boulevard	0.8	17.5
	S	CAUTION: CROSS OVER RT 71 at TL & RR	0.0	17.5
	BR	Potter Avenue	0.0	17.5
	L	Ocean Avenue	0.4	17.9
	R	First Avenue at SS	0.8	18.7
	R	Riverside Drive	0.1	18.8
	R	Third Avenue	0.7	19.5
	L	Brielle Road and cross over bridge	0.5	20.0
	L	Green Avenue	0.5	20.5
	R	Union Lane	0.9	21.4
	S	CAUTION: CROSS OVER RT 71 at TL	0.0	21.4
	R	Old Bridge Road	0.4	21.8
	R	Agnes Avenue	0.3	22.1

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	R	Union Avenue (Rt. 71) at SS - <b>CAUTION</b>	0.1	22.2
RS2: Brielle Cyclery	R	205 Union Avenue, Brielle, NJ 08730	0.0	22.2
Brielle Borough		Open/Close: 9:00 a.m. - 12:30 p.m.	0.0	22.2
			0.0	22.2
	R	Out of rest stop	0.0	22.2
	QR	Woodland Avenue	0.3	22.5
	L	South Street	0.6	23.1
	S	Cross over Union Lane to Schoolhouse Road at SS - <b>CAUTION</b>	0.0	23.1
	L	Rankin Road at SS	0.5	23.6
	L	Riverview Drive at SS	0.2	23.8
	S	Cross over Higgins Avenue	0.1	23.9
	R	Rt. 35	0.9	24.8
Point Pleasant Beach		<b>CAUTION: STEAL GRATE BRIDGE</b>	0.0	24.8
	BR	River Avenue	0.2	25.0
	R	McLean Avenue at SS	0.3	25.3
	S	Cross over Woodland Road onto Orchard Avenue	0.0	25.3
	L	Lincoln Avenue	0.2	25.5
	L	Arnold Avenue	0.1	25.6
	R	Cramer Avenue - turns into Gowdy Avenue	0.3	25.9
	L	Atlantic Avenue	0.7	26.6
	R	Ocean Avenue at SS	0.8	27.4
	L	RT 35 S. at TL	0.2	27.6
Bay Head Borough	R	Osbourne at TL	0.0	27.6
	QL	Lake Avenue to end	0.9	28.5
	R	Johnson Street at SS	0.1	28.6
	QL	Clayton Avenue to end - turns into Barnegat Lane	1.6	30.2
Mantoloking Borough	R	Herbert Street at SS	0.0	30.2
	QL	Bay Avenue to end - turns into Princeton Avenue	0.5	30.7
	R	Route 35 South - CAUTION - Road Work	0.5	31.2
Brick TWP	BR	Route 35 South - where road divides	3.5	34.7
	R	Ortley Avenue at TL	0.0	34.7
Toms River TWP	L	Bay Boulevard at SS	0.7	35.4
RS3: Centennial Park	R	Bay Boulevard & Philadelphia Avenue, Lavallette, NJ 08735	0.0	35.4
Lavallette Borough		Open/Close: 9:30 a.m. - 1:30 p.m.	0.0	35.4
			0.0	35.4
	R	Out of rest stop continue down Bay Boulevard	1.6	37.0
Seaside Heights	S	Route 35 South - through yield sign	0.4	37.4
Toms River Twp	BR	Route 37 West - stay to right	2.3	39.7
	S	<b>Over bridge - STAY IN CONED AREA</b>	0.0	39.7
	R	Foster Road at Fischer Boulevard sign	0.0	39.7
	QL	Adams Avenue	1.7	41.4
	S	Over Fischer Boulevard at SS	0.0	41.4
Berkeley TWP	L	Vaughn at SS	0.3	41.7
Toms River TWP	S	Cross Route 37 at TL - <b>CAUTION</b> - turns into West End Avenue	0.0	41.7
	R	Whittier Avenue	0.7	42.4
	L	Washington Street at TL	0.2	42.6
RS4: Washington Street School	R	500 West Earl Court, Toms River, NJ 08753	0.1	42.7
		Open/Close: 10:00 a.m. - 2:00 p.m.	0.0	42.7
			0.1	42.8
	R	Out of rest stop continue on Washington Street	1.1	43.9
	L	Dock Street - turns into E. Water Street	0.7	44.6
	S	Cross over Main Street at TL - <b>STAY IN MIDDLE LANE</b>	0.0	44.6
	L	Irons Street	0.1	44.7
South Toms River	QL	Herflicker Boulevard	0.1	44.8
	R	Main Street at TL	0.5	45.3
	L	Dover Road at TL	0.4	45.7
	R	Flint Road at SS	0.1	45.8
Beachwood Borough	R	Admiral Avenue at SS to end	3.1	48.9
	S	Cross over Route 9 at TL	0.0	48.9
	S	becomes Surf Avenue then Pinewald Road then Grand Central Parkway	0.0	48.9

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Location	Turn	Onto Road Name	Dis	Acc
Bayville	L	Northern Boulevard at blinking light	0.7	49.6
Lacey Twp./Lanoka Harbor	R	Western Boulevard at TL	2.5	52.1
RS5: Cedar Creek School	R	220 Western Boulevard, Lanoka Harbor, NJ 08734	0.0	52.1
		Lunch	0.0	52.1
		Open/Close: 10:30 a.m. - 2:30 p.m.	0.0	52.1
			0.0	52.1
	R	Out of rest stop and continue down Western Boulevard - turns into Haines Street	1.2	53.3
	R	Lake Barnegat Drive North	1.5	54.8
	S	Cross over Lacey Road at TL	0.0	54.8
	L	Lakeside Drive North at SS	0.2	55.0
	R	Lakeside Drive to stay on North	0.5	55.5
	L	Lakeside Drive South	0.3	55.8
	R	Taylor Lane to end	0.4	56.2
	L	Kennebec Road at SS	0.2	56.4
	R	Route 9 South at SS	2.7	59.1
	R	Wells Mills Road/Rt 532 at TL	2.6	61.7
RS6: Ocean Vo-tech School	L	423 Wells Mills Road, Waretown, NJ 08758	0.0	61.7
		Open/Close: 11:00 a.m. - 3:30 p.m.	0.0	61.7
			0.0	61.7
Ocean TWP	L	Out of rest stop continue down Route 532	3.1	64.8
	BR	At fork to stay on Route 532	2.4	67.2
Barnegat TWP	S	Over Route 72 at SS - <b>CAUTION</b>	2.1	69.3
	L	Route 539 at SS	0.8	70.1
RS7: Warren Grove Vol. Fire	R	1306 Main Street/CR 539, Barnegat, NJ 08005	0.0	70.1
		Open/Close: 11:30 a.m. - 4:00 p.m. <b>(Must arrive by 4:00 or be sagged to finish)</b>	0.0	70.1
			0.0	70.1
Stafford TWP	R	Out of rest stop continue down Route 539 South	6.6	76.7
Little Egg HarborTWP	S	Over Garden State Parkway	0.0	76.7
	R	Poorman's Parkway	4.3	81.0
	L	Stage Road	2.2	83.2
	L	Otis Bog Road	0.5	83.7
Tuckerton Boro	R	Nugentown Road	0.3	84.0
Finish: Pinelands Junior HS	L	590 Nugentown Road, Little Egg Harbor, NJ 08087	0.0	84.0
		Open/Close: 12:00 noon - 6:00 p.m.		

\*\*\* Driving Directions Around Lake

- S Continue down Lake Avenue
- L Main Street / Hwy 71
- L Main Avenue
- L Delaware
- R Asbury Avenue
- R Pilgrims Pathway