

2015 BIKE MS COAST THE COAST RIDE - 50 MILE ROUTE				
Location	Turn	Onto Road Name	Dis	Acc
Start: Monmouth University		400 Cedar Avenue, West Long Branch, NJ 07764		
		170/85 Registration/Start: 7:00 a.m. / 8:00 a.m.		
		50 Registration/Start: 8:00 a.m. / 9:00 a.m.		
		25 Registration/Start: 9:00 a.m. / 10:00 a.m.		
		Finish Line Celebration: 11:00 a.m. to 3:00 p.m.		
West Long Branch	R	Out of Monmouth University Parking Lot	0.1	0.1
Ocean	L	Larchwood Avenue	0.7	0.8
	S	Cross over Park Avenue	0.0	0.8
	L	S. Lincoln Avenue at SS	0.5	1.3
	S	Cross over Norwood Avenue at SS continuing on S. Lincoln Avenue	0.1	1.4
	S	S. Lincoln Avenue under RR	0.1	1.5
	BR	Lincoln Avenue	0.1	1.6
	L	Elberon Avenue	0.4	2.0
	R	Park Avenue	0.0	2.0
Long Branch City	QL	Elberon Avenue	0.6	2.6
	L	S. Lake Drive	0.5	3.1
Deal	R	Ocean Avenue to end	3.2	6.3
Loch Arbor Village	R	Edgemont Drive	0.1	6.4
Asbury Park	L	Park Avenue	0.1	6.5
	R	Deal Lake Road	0.1	6.6
	L	Grand Avenue	1.0	7.6
	BL	Cross Cookman Avenue staying on Grand Avenue	0.1	7.7
	L	Lake Avenue	0.1	7.8
<i>driving directions below</i>	L	At Heck Street over foot bridge - ***NEED TO WALK BIKE OVER BRIDGE ***	0.0	7.8
Ocean Grove (Neptune)	S	Onto Pilgrim Pathway from foot bridge	0.1	7.9
	L	Bath Avenue to end	0.2	8.1
	R	Ocean Avenue	0.4	8.5
	BR	Broadway Avenue	0.1	8.6
	L	Central Avenue - turns into Fletcher Lake Avenue	0.4	9.0
	L	Pennsylvania Avenue	0.0	9.0
Bradley Beach	QL	Lake Terrace around lake	0.4	9.4
Avon By the Sea	R	Ocean Avenue	1.6	11.0
RS1: Belmar Triangle	R	Ocean Avenue & 1st Avenue, Belmar, NJ 07719	0.0	11.0
Belmar Borough		Open/Close: 8:15 a.m. - 1:30 p.m.	0.0	11.0
			0.0	11.0
		TURNAROUND LOCATION FOR 25 MILE ROUTE	0.0	11.0
	R	Out of rest stop - continue down Ocean Avenue to end	3.3	14.3
Spring Lake Borough	R	Brown Avenue	0.1	14.4
	L	1st Avenue	0.2	14.6
Sea Girt	R	Beacon Boulevard	0.4	15.0
	L	Fifth Avenue	0.7	15.7
	R	Washington Boulevard at SS - turns into Sea Girt Avenue	0.5	16.2
	S	CAUTION: CROSS OVER RR & RT 71 at TL	0.0	16.2
Manasquan Borough	L	Broad Street at TL	0.3	16.5
	L	Woodland Avenue	0.1	16.6
	L	Parker Avenue at SS to end	0.1	16.7
	R	Stockton Lake Boulevard	0.8	17.5
	S	CAUTION: CROSS OVER RT 71 at TL & RR	0.0	17.5
	BR	Potter Avenue	0.0	17.5
	L	Ocean Avenue	0.4	17.9
	R	First Avenue at SS	0.8	18.7
	R	Riverside Drive	0.1	18.8
	R	Third Avenue	0.7	19.5
	L	Brielle Road and cross over bridge	0.5	20.0
	L	Green Avenue	0.5	20.5
	R	Union Lane	0.9	21.4
	S	CAUTION: CROSS OVER RT 71 at TL	0.0	21.4
	R	Old Bridge Road	0.4	21.8
	R	Agnes Avenue	0.3	22.1
	R	Union Avenue (Rt. 71) at SS - CAUTION	0.1	22.2
RS2: Brielle Cyclery	R	205 Union Avenue, Brielle, NJ 08730	0.0	22.2
Brielle Borough		Open/Close: 9:00 a.m. - 12:30 p.m.	0.0	22.2
			0.0	22.2
		TURNAROUND LOCATION FOR 25 MILE ROUTE	0.0	22.2
	R	Out of rest stop	0.0	22.2
	QR	Woodland Avenue	0.3	22.5
	L	South Street	0.6	23.1
	S	Cross over Union Lane to Schoolhouse Road at SS - CAUTION	0.0	23.1
	L	Rankin Road at SS	0.5	23.6
	L	Riverview Drive at SS	0.2	23.8
	R	Higgins Avenue at TL	0.2	24.0
	L	Ashley Avenue	0.2	24.2
	R	Union Lane	0.0	24.2
	QL	Green Avenue	0.5	24.7
	R	Brielle Avenue at SS	0.5	25.2
Manasquan Borough	R	Third Avenue	0.4	25.6
	L	Riverside Drive	0.1	25.7
	L	First Avenue	1.0	26.7
	L	Ocean Avenue	0.3	27.0
	R	N. Potter Avenue at SS	0.0	27.0
	L	Stockton Lake Boulevard	0.7	27.7

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Location	Turn	Onto Road Name	Dis	Acc
	R	Taylor Avenue / RT 71 at TL	0.4	28.1
Sea Girt	R	Sea Girt Avenue at TL	0.7	28.8
	BR	After RR - Stay R to stay on Sea Girt Avenue	0.0	28.8
	L	First Avenue to end	0.3	29.1
	L	Trenton Boulevard at SS- stay left at split	0.3	29.4
	R	Fourth Avenue	0.7	30.1
	R	Beacon Boulevard at SS	0.4	30.5
Spring Lake Borough	L	First Avenue at SS	0.2	30.7
	R	Brown Avenue	0.1	30.8
	L	Ocean Avenue	3.4	34.2
Belmar Borough	L	OPTIONAL REST STOP - Belmar Triangle - Open until 1:30 p.m.	0.0	34.2
	L	Ocean Avenue to end	1.6	35.8
Bradley Beach	L	Lake Terrace	0.4	36.2
	R	Pennsylvania Avenue	0.0	36.2
Ocean Grove/Neptune	QR	Fletcher Lake Avenue	0.4	36.6
	R	Broadway	0.1	36.7
	L	Ocean Avenue	0.2	36.9
	L	Heck Avenue	0.5	37.4
	R	Benson Avenue	0.0	37.4
	L	Main Street	0.1	37.5
	R	Bond Street	0.1	37.6
Asbury Park	R	Lake Avenue at TL to end	0.5	38.1
	L	Grand Avenue (cross over Cookman Avenue staying on Grand Avenue)	1.1	39.2
	R	Deal Lake Road	0.1	39.3
	L	Park Avenue	0.1	39.4
Loch Arbor	R	Edgemont Drive	0.1	39.5
Allenhurst	L	Ocean Avenue	3.2	42.7
Long Branch City	L	N. Lake Drive - BL around lake	0.4	43.1
	R	Elberon Avenue to end	0.5	43.6
	R	Park Avenue at SS	0.0	43.6
	QL	Elberon Avenue	0.4	44.0
	R	Lincoln Avenue at SS	0.2	44.2
	BL	Stay left on S. Lincoln Avenue at split and go under RR	0.3	44.5
	S	Cross Norwood Avenue at SS	0.5	45.0
Ocean	R	Larchwood Avenue	0.7	45.7
	R	Into Monmouth University	0.1	45.8
	BL	Follow to Finish Line Arch	0.3	46.1

*** Driving Directions Around L

- S Lake Avenue
- L Main Street / Hwy 71
- L Main Avenue
- L Delaware
- R Asbury Avenue
- R Pilgrims Pathway